

## Benchmark Holiday Camp Information 2023/2024

Welcome to Benchmark Gymnastics and thank you for your interest in booking your child/children onto one of our camps. Please take the time to read the following information as it should answer any questions you might have about the camp.

### Confirmation Of Your Booking

Once you have completed the online booking form you will receive an email confirming your booking. Please check your spam folder if you do not see this. We will not contact you again before the camp unless there is a problem with your booking or payment. Please mark the camp dates in your diary/calendar.

### What to wear

To ensure gymnasts are dressed suitably for training sessions and to meet health and safety requirements we ask that the following dress code be observed by all gymnasts:

- Girls - A leotard or shorts and a t-shirt. Leggings can also be worn
- Boys - Shorts and a unitard or shorts and a t-shirt
- No socks, trainers, shoes, jeans, denim shorts, skirts, casual trousers, crop tops or hooded tops will be allowed
- Long hair must be tied back and kept out of the face
- No jewellery of any description is to be worn including earrings, body piercings, watches, rings, necklaces and nail extensions. If your child wears or brings jewellery, they will be asked to remove it and we will not be held responsible if it gets misplaced
- If you have a verruca, please cover it with a plaster

### Medication

If your child has asthma, or allergies, we ask that they bring their asthma pump, epi pen, etc. with them to the course. Please ensure you inform us of any medical conditions on the online booking form. Sadly, we are unable to accept them at the gym without their EpiPen or Asthma pump and no refunds will be given if they are turned away for this reason.

### Lunch

Please make sure your child brings a packed lunch that includes a non -fizzy drink with a resealable lid. Please also ensure the packed lunch does NOT include nuts or sesame seeds.

### Payment (Members only)

Payment for the holiday camp will be taken by Go Cardless within 5 working days of you making the booking. A failed payment will result in your space being revoked.

## Payment (Non-Members)

If you are a non-member (i.e. someone who does not attend weekly classes at Benchmark), and you have not attended one of our camps before or cancelled a direct debit for a previous camp, you will receive an Instant Bank Pay link from us in order to collect camp fees.

Payment should be made using this link within 48 hours of receiving it. If payment is not made your space cannot be held.

## Refund Policy

Please note that should you decide to cancel your booking less than 7 days before the holiday camp you will not be entitled to a refund.

## Getting in touch

If you have any additional questions, please email us at [admin@benchmarkgym.com](mailto:admin@benchmarkgym.com) or call us on 0333 358 2223.